



# Regata del Sol al Sol Noticias March, 2009

Regatadelsolalsol.org/mexicorace.com

## XLI Regata del Sol al Sol Suncoast Boat of the Year Event

The Regata del Sol al Sol has been included as a 2009 Suncoast PHRF Boat of the Year event for cruising and racer/cruiser classes. Spinnaker, non spinnaker and multihull are not included. It is also a St Petersburg Ocean Racing challenge event for all classes. Double points will be awarded to boats in both Regattas in the high point scoring system used by both of the events. For complete details and a schedule of races included go to [westfloridaphrf.org/boty](http://westfloridaphrf.org/boty).



## Watch future Issues

The April issue of Regata del Sol al Sol will contain information on entering Mexico and returning to the United States. It will cover forms needed and the actual procedures to follow including transponder forms and deposit information.

The May issue which will come out prior to the race, will cover Island activities, such as the Amigos Regata, Town Meeting and the Basketball game. It will also cover other things about the regatta and the Island that you should know.



WALLACE WELCH & WILLINGHAM  
INSURANCE AND RISK MANAGEMENT SINCE 1925

## Entry List Growing

Twenty nine boats have already entered the 41<sup>st</sup> annual Regata del Sol al Sol race to Mexico. Boat lengths range from 33ft to 72ft with ratings ranging from -73 to 277 seconds per mile. For complete details of all entries go to 2009 entries at [regatadelsolalsol.org](http://regatadelsolalsol.org).

A summary of entries follows:

Class	Number
Cruising	17
Spinnaker	5
Non Spinnaker	4
Multihull	2
Racer/Cruiser	1
Support	0

With a 50 boat maximum there are only 21 spots still available. Be sure to sign up by the March 31, 2009 entry deadline to avoid late registration fees.

**Christopher G. Nelson, Jr., M.D.**  
Diseases and Surgery of the Skin

## Time to Prepare for the Race

With the regatta fast approaching, now is the time to check the sea worthiness of your Vessel and that safety gear is adequate and current. This event is considered a Category 2 regatta under the Offshore Racing Council (ORC) special regulations. These regulations can be found at [www.sailing.org/specialregs](http://www.sailing.org/specialregs) and offer a good review of things to consider. All skippers should take the time to review these regulations. It is the responsibility of each skipper to ensure that his boat is adequately prepared for the race. No independent inspection will be performed by the Regatta Organizers.

## Check and Prepare Your Boat

Standing rigging, lifelines and stanchions should be inspected including attachment points and replaced as needed. Engines should be serviced and inspected for leaks. Hoses and belts should be checked for signs of wear and replaced if worn. Spare engine parts such as hoses, belts, water pump impellers, and fuel filters should be inventoried and purchased as needed. Jack stays should be checked and secure attachment points established that provide for minimal clipping and unclipping. Running lights should be checked and batteries tested.

Through hull fittings should be inspected and soft wood plugs located near or attached to each fitting. Bilge pumps should be checked and high water alarms tested. Hand operated bilge pumps should be available and in working order. An adequate assortment of tools should be assembled to make any necessary repairs at sea. Including bolt cutters capable of cutting away downed rigging should be considered.

Steering systems should be checked for worn cables etc. An alternate steering system should be available in case of failure.



## Crew Training and Orientation

Having all the safety equipment in the world will be of little help in an emergency if the crew is not familiar with its location, operation and use. A good start is to have a waterproof safety equipment location chart posted in an easily assessable spot.

Prior to the start of the race each crew member should be given a complete tour of the yacht. This tour should explain the operation of all systems on the boat and the location of all safety equipment, tools, through hull fittings and emergency steering equipment. It is best if the crew knows as much about the vessel and the operation of safety equipment as the skipper.



## Safety at Sea

Safety at sea begins at home by equipping your boat with the proper items and maintaining them in current working order. Fire extinguishers, flares and other emergency signaling devices should be checked to see that they are current. Life Rafts should also be checked that they are current and located in an easily assessable manner. EPIRB's and Lifebuoys should be checked and located for emergency use. A heaving line and a strong sharp cockpit knife should be stored in the cockpit area.

Life jackets for each crew member should be stored in an easily assessable manner. Each crew member should have their own safety harness and foul weather gear.

The first aid kit should be checked and stocked or re-stocked so as to be able to handle several different situations. A suitable first aid manual such as First Aid at Sea by Douglas Justins and Colin Berry should be on board and will give advice on what first aid supplies to carry.

Back up navigation equipment should be on hand such as a hand held compass and GPS in case of electrical failure or lighting strikes. A passive radar deflector should be considered.

An abandon ship waterproof grab bag should be in easy reach. Grab bag items to consider are an EPIRB, VHF radio, GPS, first aid kit, food and water, sunscreen, signaling devices etc.

The yacht name in indelible ink should be on all miscellaneous buoyant equipment such as lifejackets, lifebuoys, cushions, grab bags etc.



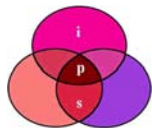


### Sponsor Spotlight

#### Fillingham Yacht Sales, Inc.

Fillingham Yacht Sales, Inc. is a full service Yacht Brokerage dealing in luxury sail and power boats. Experienced professionals help you find the ideal boat or yacht to enjoy with family and friends. Listings are backed with extensive sales and marketing programs which includes 60+ domestic and international websites to facilitate a quick sale. They offer a wide range of services and can help with insurance, financing, trades, transportation and [boating instruction](#), both power and sailing. "We know your time is valuable and strive to make the experience of buying or selling a boat a pleasant one" says Bob Fillingham.

Offices are located at 105 15th Ave. S.E., St. Petersburg, FL 33701, in the Salt Creek Marina [www.fillinghamyachts.com](http://www.fillinghamyachts.com) (727)460-5687. Interested in being a regatta sponsor contact us at [sponsorship@regatadelcsolalsol.org](mailto:sponsorship@regatadelcsolalsol.org).



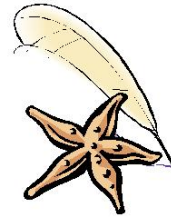
#### Amigos de Velas

The Amigos de Velas (friends of sail) are the on island ambassadors of the Regatta. Volunteers are needed to greet the boats as they arrive on the island, to generate goodwill and provide other assistance as needed. If you would like to become part of the Amigos de Velas Contact Valerie Massingill at [Amigos@regatadelcsolalsol.org](mailto:Amigos@regatadelcsolalsol.org).

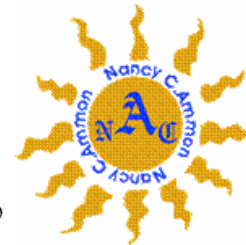
### Important Dates to Remember

Important upcoming dates to remember are as follows:

Spanish Classes 6:00pm	Wednesdays
Michelob Cup	March 28, 2009
Entry deadline (no penalty)	March 31, 2009
Last day to enter	April 10, 2009
Crown Cup	April 18, 2009
Rating choice deadline	April 20, 2009
Captains Meeting	April 23, 2009
Regata del Sol al Sol	April 24, 2009



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#### Help the Island

Each year we collect medical and school supplies, sporting goods and toys for the children of the island. Now is the time to start thinking about surplus items and consider donating them to the Island children. If you would like to donate any items contact us at [Chairman@regatadelcsolalsol.org](mailto:Chairman@regatadelcsolalsol.org) so we can collect and prepare them for shipment to the island



#### About this Publication

Regata del Sol al Sol Noticias is the official publication of the Regata del Sol al Sol. It is intended that it will be published regularly to keep participants and friends informed about events and issues regarding the regatta.

If you have anything you believe should be included or discussed in this publication, or would like to be added to our email list please contact us at [Chairman@regatadelcsolalsol.org](mailto:Chairman@regatadelcsolalsol.org). Copies of this publication will be maintained on the web site for future reference.